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Affiliated to: British Cycling, Northumberland & Durham Cycling Association and Cycling Time Trials

# Presents The Johnny Rankin Trophy Open 25M Time Trial Sunday 25th July 2021

**Course: M2510** 

First Rider: 8:01

Timekeepers: Peter & Frances Schultz

Event Secretary: Sharon Dyson 8 Horton Manor, Blyth, Northumberland, NE24 4SF

> Email: sharonmdyson@gmail.com Tel: 07837 607219/01670 531993

Results will be posted on the N&DCA Facebook page as soon as they are received from the Timekeepers on the afternoon of the event as well as being emailed out to riders. Watch out for the link!



Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

## **COVID-19 – RIDERS PLEASE READ CAREFULLY**

- Competitors should not attend if they feel ill in ANY way or if family members have any symptoms.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm-up can suggest an
  underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately.
  Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a
  result of an adverse warm-up.
- Please bring you own pen to sign on and safety pins to attach your number if required use the hand sanitiser provided.
- Maintain social distancing at the time of writing, revised guidance from CTT had not been received, so adhere to the 1 metre+ social distancing rule at this event.
- Disposable numbers are being used in this event please dispose of your own number responsibly after your race.

#### **RACE HQ/SIGN-ON**

Race sign-on and \*competitor parking for the event is at Cramlington Town Football Club, East Hartford Pavilion, Cramlington, Northumberland, **NE23 3BE**. Riders will be able to sign on from 7am – please do not arrive any earlier than one hour before your allocated start time to allow for social distancing. Toilets are available within the pavilion.

\*Additional competitor parking is within the main car park of The Three Horseshoes pub on Hathery Lane, Blyth, NE24 4HF, on the proviso that cars are removed by 11.30am. <u>Please do not use turbo trainers in this location – park up and warm-up elsewhere</u>. We are grateful to the Management of The Three Horseshoes for allowing us this courtesy again for the time trial.

Remember to sign back out once you have completed the course or you will be recorded as a DNF on the results sheet. Junior riders MUST bring a completed Parental Consent form.

# **ROAD BIKE CATEGORY**

If you are entering the road bike category, the N&DCA road bike rules apply which prohibit the use of tri-bars, wheels deeper than 65mm, aero helmets with built-in visors and trip socks. Skin suits are permitted – please refer to the N&DCA website for further details (<a href="http://www.nanddca.co.uk/">http://www.nanddca.co.uk/</a>). When you sign-on, please also complete the separate Road Bike sheet.

#### THE COURSE

If you don't know the course, it is strongly advised that you familiarise yourself with it beforehand to save an unnecessary trip to either Newbiggin or the Moor Farm roundabout (it happens every year!)

Three Horseshoes – Woodhorn – Three Horseshoes.

- Start at the S-bend sign on the B1505 Bedlington road.
- Proceed to the Three Horseshoes roundabout and take the first exit slip road on the A189 northbound.
- Proceed to the North Seaton (Sandy Bay) roundabout and continue straight onto the Woodhorn roundabout.
- Encircle the roundabout and retrace to the Three Horseshoes roundabout by taking the A192 exit slip road.
- Encircle the roundabout and take the fifth exit slip road back onto the A189 northbound to repeat the course via the Woodhorn roundabout.
- FINISH at the start of the lay-by on the A189 southbound, shortly before the slip road leading once more to the Three Horseshoes roundabout.

#### **RIDER INSTRUCTIONS**

- Your machine must have a working rear light (flashing or constant) to be permitted to race. No light = no ride!
- In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.
- All competitors under the age of 18 years and/or Juniors must wear a Protective Hard Shell Helmet.
- No U Turns to be made by riders in the vicinity of the Timekeeper at the START.
- No warming up on the course once the event has started.
- Riders to take extra care where traffic enters or leaves the course by way of slip roads and exits and in the negotiation of roundabouts.
- Vehicles of Competitors / Officials / Marshals / Helpers to be parked safely and without hindrance to other road users.
- All riders are responsible for their own safety.
- · No dismounting in the finishing area.
- Head down riding is strictly forbidden.
- Please shout your number as you pass the Timekeeper on your final lap.
- To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and
  visible from the rear in line with CTT regulations. If your number is too high, the Timekeepers may not be able
  to see it. The number shall be centrally positioned below the waist so as to be clearly visible from the rear
  when the rider is in his/her normal riding position. If you do not have a no-pinz pocket, use a safety pin in
  each corner.



- Turbo trainers can be used to warm up within the car park of Cramlington Town Football Club, or make use of the roads in the industrial estates nearby. With this being an early morning start, please respect those who are still sleeping in the neighbouring residential area.
- It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if required. Also, carry a mobile phone and contact the organiser if you are unable to finish.
- Any additional safety information will be provided at sign-on.

# **PRIZE LIST**

Male	1st £40.00	2 <sup>nd</sup> £30.00	3 <sup>rd</sup> £20.00	
Female	1st £40.00	2 <sup>nd</sup> £30.00	3 <sup>rd</sup> £20.00	
Junior/Juvenile*	1 <sup>st</sup> £20.00			
Road Bike (Male)	1st £20.00	2 <sup>nd</sup> £15.00	3 <sup>rd</sup> £10.00	
Road Bike (Female)	1 <sup>st</sup> £20.00	2 <sup>nd</sup> £15.00	3 <sup>rd</sup> £10.00	
Vet On Standard	1st £20.00	2 <sup>nd</sup> £15.00	3 <sup>rd</sup> £10.00	
Barnesbury CC Only Handicap (see list on day)	1 <sup>st</sup> £20.00 + Jack Burnley Trophy	2 <sup>nd</sup> £15.00	3 <sup>rd</sup> £10.00	
The Stan Sadler Trophy will also be awarded to the fastest Barnesbury CC Novice				

Provisional results will be made available as soon as they have been received from the Timekeepers.

# **START LIST**

Bib	Start	Rider	Club
1	08:01	John Routledge	Barnesbury CC
2	08:02	Darren McBain	Vector Racing
3	08:03	Dean Madden	Barnesbury CC
4	08:04	Heather Gould	North Shields Poly
5	08:05	Ellen Powell	Durham Triathlon Club
6	08:06	Angela McGurk	Blaydon CC
7	08:07	Teri Bayliss	Sub Rosa
8	08:08	Claire Harlow	Blaydon CC
9	08:09	Laura Warburton	South Shields Velo
10	08:10	Lindsay Turnbull	Vector Racing
11	08:11	Joanne Rea	Blaydon CC
12	08:12	Christopher Wayman	Blumilk.com
13	08:13	Keith Sibbald	Zeus CRT
14	08:14	Chris Anderson	North Tyneside Riders
15	08:15	Adam Smith	Team Kirkley Cycles
16	08:16	Rhys Warburton	South Shields Velo
17	08:17	Mark Reed	Tyneside Vagabonds
18	08:18	Adam Wilson	Velo Culture
19	08:19	Sam Dodd	Barnesbury CC
20	08:20	Philip Kennell	GS Metro
21	08:21	Roger Clarke	Tyneside Vagabonds
22	08:22	Michael Lynch	Derwentside CC
23	08:23	Stephen Walton	Muckle CC
24	08:24	Mick Chappel	North Tyneside Riders
25	08:25	Nicholas Stevenson	Wearside Triathlon
26	08:26	Joe Leiserach	Blaydon CC
27	08:27	Adam Pinder	PM Racing UK
28	08:28	Stephen Hill	Barnesbury CC
29	08:29	lan Wright	North Tyneside Riders
30	08:30	Mark Strang	Velo Culture
31	08:31	Chris Mather	Derwentside CC
32	08:32	Adam Harrison	Barnesbury CC
33	08:33	Owen Jeffries	Gosforth RC
34	08:34	Keith Davison	Hadrian RT
35	08:35	Nick Badcock	Team Kirkley Cycles
36	08:36	Wayne Coates	Team Bottrill
37	08:37	Richard Glennie	Barnesbury CC
38	08:38	Andrew Thorp	North Racing
39	08:39	Aidan Berry	North Tyneside Riders
40	08:40	Shaun Tyson	Protech Velo

Bib	Start	Rider	Club
41	08:41	Peter Stokoe	Reifen Racing
42	08:42	Christopher Beaty	Allen Valley Velo
43	08:43	Lee McCarron	Vector Racing
44	08:44	Paul Barrett	Velo Culture
45	08:45	Ben Lane	GS Metro
46	08:46	Mark Whaley	Blaydon CC
47	08:47	Martin Rasmussen	Tyneside Vagabonds
48	08:48	Ray Bell	Derwentside CC
49	08:49	Scott Hunter	Berwick Wheelers
50	08:50	Jay Pitt	Velo Culture
51	08:51	Alun Brown	Rapha Cycling Club
52	08:52	Cameron Scade	Dumfries CC
53	08:53	Daniel Kirk	Edinburgh Road Club
54	08:54	Colin Gardener	Flyte Racing
55	08:55	Terry Wilkinson	Barnesbury CC
56	08:56	Guillaume Zoppi	North Tyneside Riders
57	08:57	Elliott Sharp	Vector Racing
58	08:58	Joe Dixon	Velo Culture
59	08:59	Tony Lewis	Barnesbury CC
60	09:00	Nev Martin	Velo Culture
61	09:01	Hedley Fletcher	Blaydon CC
62	09:02	Kris Whitelaw	Vector Racing
63	09:03	Nick Munro	Royal Air Force Cycling Association
64	09:04	Ellis Murray	Vector Racing
65	09:05	Paul Davis	Musselburgh RCC
66	09:06	Tim Irwin	Team Kirkley Cycles
67	09:07	Paul Robson	Protech Velo
68	09:08	Peter Harridge	Tyneside Vagabonds
69	09:09	Richard Nichol	Cestria CC
70	09:10	Lee Kennedy	Army Cycling
71	09:11	Lewis Wake	Team Kirkley Cycles
72	09:12	Finlay Robertson	Derwentside CC
73	09:13	Lewis Timmins	Vector Racing
74	09:14	Kris Atkin	Team Kirkley Cycles
75	09:15	Harry Walker	Revolver Racing
76	09:16	Julian MacBride	Team Kirkley Cycles
77	09:17	Tim Humphries	Swift Racing
78	09:18	Keith Murray	DRAG2ZERO

## **Trophies and History**

#### The Johnny Rankin Trophy

Awarded to the winner of the Barnesbury Open 25 Time Trial.

In 1950, the Barnesbury promoted its first "Invitation 25" in an attempt to encourage the best riders resident in Tyneside, Teesside, Cumberland and the North of Yorkshire to compete on local courses, and it was this that prompted Johnny Rankin to give to the Club an ornate silver cup for presentation to the winner of the event. After the "hour" had been beaten several times locally, the event was discontinued and the trophy was subsequently awarded to the winner of the Barnesbury Open 25. In 1970, Johnny suggested the trophy be modernised and the present silver trophy was made from the original.

Johnny Rankin joined the Barnesbury in late 1923 and gave many years of dedication to the Club and the sport and continued to do so until his death. Johnny also took an active role in the N&DCA.

# Barnesbury CC- The Stan Sadler Trophy

The Stan Sadler Trophy is awarded to the fastest novice in the Club 25 mile time trial. To be classed as a novice you must not have won any championships (for any club) or Barnesbury trophies before. This silver 3 handled bowl was presented to the club by Mr W Stan Sadler in 1939. Stan joined the Barnesbury in 1926. Although Stan's great cycling love was touring, he also enjoyed racing and bicycle polo. Stan took an active interest in Club affairs and held various positions including Dance Secretary and Vice President. Stan was always interested in encouraging young members and it was this that gave him the idea of presenting to the Club a perpetual trophy for competition among the novices.

# Barnesbury CC- The Jack Burnley Trophy

The Jack Burnley trophy is awarded to the fastest Barnesbury rider on handicap time, who completes the Barnesbury Open 25. This trophy was presented to the Club by Mrs Burnley in memory of her husband Jack. Jack was a popular and enthusiastic Club member for many years having joined in 1936. Jack also held several official positions in the Club including Dance Secretary and was a Club Auditor until his death in 1958.